

CLAIMS

I claim:

1. A circular arc golf stroke guide comprising:

5 a generally vertical support having top and bottom ends;

a pivot bearing on the top end of the support;

an axle in the pivot bearing with a single axis of rotation;

a lockable adjustment on the support that provides adjustment to the height of the
pivot bearing;

10 a lockable adjustment on the support that provides adjustment to the angle of the
pivot axis in a vertical plane;

a golf club guide arm having top and bottom ends, the top end of the guide arm at-
tached to the pivot axle;

a golf club shaft clamp assembly on the bottom end of the guide arm that holds a
15 golf club rigidly with respect to the guide arm in a golf stroke address position;
and

a lockable adjustment on the bottom end of the guide arm that provides adjustment
to the angle of the club shaft clamp assembly in a vertical plane;

whereby a golf club can be clamped firmly on the bottom of the guide arm, and can
20 only swing about the single axis with no other freedom of motion.

2. The golf stroke guide of claim 1, wherein the golf club clamp assembly comprises:

at least one clamp support arm having first and second ends, the first end of the
clamp support arm attached to the bottom end of the guide arm;

25 a golf club shaft clamp on the second end of the clamp support arm; and

the clamp support arm having a medial portion that is laterally offset from a line be-
tween the first and second ends of the clamp support arm;

whereby a golf club having an upper end with a grip and a lower end with a head can
be clamped on the second end of the clamp support arm in a putting position,
30 and a golfer holding the golf club in a putting stance can see the club head
without obstruction from the clamp support arm.

3. The golf stroke guide of claim 2, wherein the golf club clamp assembly comprises:
 first and second clamp support arms, each clamp support arm having first and second ends, the first end of each clamp support arm attached to the bottom end of the guide arm;
 5 a golf club shaft clamp on the second end of each clamp support arm;
 the first clamp support arm having a medial portion that is laterally offset in a first direction from a line between the first and second ends of the first clamp support arm; and
 the second clamp support arm having a medial portion that is laterally offset in a
 10 second direction from a line between the first and second ends of the second clamp support arm, the first and second offset directions being generally opposite;
 whereby a golf club having an upper end with a grip and a lower end with a head can be clamped on the second ends of the clamp support arms in a putting position,
 15 and a golfer holding the golf club in a putting stance can see the club head without obstruction from the clamp support arms.

4. A method of golf stroke training, comprising the steps of:

- a) providing a golf stroke guide as in claim 1;
 20 b) providing a golf club having a shaft, an upper grip, and a lower head;
 c) placing the golf club in the club shaft clamp in a golf stroke address position, and lightly partially tightening the clamp and its angle adjustment;
 d) positioning a golfer in a golf stroke address position holding the golf club grip;
 e) adjusting the height and angle of the pivot bearing such that a perpendicular line
 25 from the club head to the pivot axis meets the pivot axis between the golfer's shoulders;
 f) locking the club shaft clamp and its angle such that the club is rigid with respect to the guide arm; and
 g) the golfer making repeated putting strokes with the club;
 30 whereby the club motion is restricted to a circular arc by the stroke guide.